

BEST PRACTICE CATALOG

Project Title: **PROGRAM EVALUATION AND RESEARCH PROJECT**

Function Category: ☒ PATIENT-FOCUSED ☐ ORGANIZATION ☐ STRUCTURES

Subcategory: **Care of Patients**

Heading: **Programming**

Key Word(s): **Program Evaluation**

Contact Person(s): **Myla Young/Jerald Justice**

Telephone Number: **(707) 449-6594**

Hospital: **Vacaville Psychiatric Program**

Purpose: The initial purpose of this project was to provide a description of the population being served by the Vacaville Psychiatric Program (VPP). When VPP was established in 1988, information as to who would be served was limited, and based on theoretical beliefs of the population to be served. After a brief time, it was clear that theoretical beliefs were only partially accurate, and an empirical description of the population was needed in order to implement effective treatment programs. The current program evaluation and research project was developed and, once approved by the Statewide Human Subjects Committee, was initiated in 1994.

Brief Description: In order to obtain an empirical description of individuals being served, inmates/patients (I/P's) were randomly selected from admission roles. Those I/P's who provided informed consent were administered a comprehensive psychological/neuropsychological battery which included record reviews, semi-structured interviews, drug use interview, neuropsychological testing: Rorschach, MMP12, and Psychopathy Checklist-Revised. When 75 subjects had participated in the project, data was analyzed, a description of the population was developed, and a treatment program (Core Treatment Program) was developed to meet the needs of this specific population. Additionally, based on this empirical description of the population, a treatment outcome measure was developed. Analyses of this measure demonstrate significant improvement from admission to discharge in all 16 areas of functioning evaluated.

Selection Basis/Criteria: This project continues, and approximately 200 I/Ps have participated. Data was initially used to develop treatment interventions. This information, however, has also been used in other ways (recidivism, restraint and seclusion, risk factors for violence, subpopulation of I/Ps admitted from Pelican Bay State Prison, planning for conversion of Camarillo State Hospital, planning for development of intermediate treatment program, understanding psychopathy, etc.) The data has also been merged with the treatment outcome measure as part of the validation process for this instrument.

The following items are available regarding this Best Practice:

☐ Photographs ☐ Video Tape ☐ Drawings ☐ Manual

☒ Other : Summaries of Analyses and Reprints from publications

DATE SUBMITTED: **October 14, 1998**